

Spray Tan Care Guide

Day Of or Day Before

Shower. Remove dead skin cells that block the absorption of the spray tan.

Exfoliate. Use a body scrub. Don't use bar soap, high PH products and in-shower moisturizers. Focus on dry areas such as elbows, knees and ankles. *(We recommend VersaSpa Cleansing Body Wash & Exfoliator)*

Shaving or waxing? The day before your session is preferred.

Don't use moisturizers, lotions, oils and perfume. Use deodorant sparingly. If you use makeup it must be removed before your session.

Extra-dry skin? Use a light lotion at least 2 hours before your session.

Watch our video demonstration "How To Spray Tan" at SunburstTan.com.

Immediately Before

Setup tanlines to measure your results, especially your first time! It's hard to gauge how dark you really are when your whole body gets tan. Stickers work ok, but undergarments work best. Caution: DHA may permanently stain light-colored undergarments worn during the spray session.

Protect feet bottoms to prevent over-darkening. Placing a towel on the VersaSpa floor works ok, but Sticky Sandals work best. Protection is important if you're planning to show off your feet bottoms soon i.e. laying down in a poolside lounge chair.

Use a sunless primer. It will PH balance your skin so the solution absorbs and fades evenly. Plus it smells awesome before and after your session! *(We recommend Kardashian, VersaSpa or Designer Skin Primer)*

Use barrier cream to protect dry skin from over-darkening. Apply to hands, elbows, knees, and feet. Apply a heavier amount toward nails and cuticles. Apply a lighter amount toward the wrist and ankle.

Practice the 4 positions so your tan is 100% perfectly even. Imagine an invisible wall to press your body against. Stand back. Don't get too close to the spray nozzles. Don't let your palms get sprayed directly.

Close eyes. Hold breath. This seems obvious, but let's remind you that sunless tanning solution is FDA approved only for external use. A complete list of FDA precautions, including eye, nose and lip protection, is available at our front desk.

Immediately After

Wear dark, loose-fitted clothing and open-toe sandals. For women, a maxi dress works well. For men, a t-shirt and shorts works well. Avoid sports bras, skinny jeans, socks and shoes.

Stay dry. Avoid perspiration and high humidity while the spray tan develops.

Wait 8 hours and shower. (24 hours max) Your spray tan will stop developing.

If you used the Tinted Bronze solution, the cosmetic bronzer will wash off in the shower, but your tan will remain. Also, the cosmetic bronzer will not stain clothing and will wash out with cold water.

Extending the Life of Your Spray Tan

Shower in warm water and apply shower gel with your hands.

Avoid bar soap, high PH products, hot showers, body scrubs, chlorine or anything that increases skin exfoliation.

Moisturize. Moisturize. Moisturize! Hydrated skin is the secret to maintaining a beautiful spray tan that fades gradually and evenly. We recommend *Designer Skin Angel* for regular daily moisturizing. Also, we recommend *VersaSpa Gradual Tanning Butter* for advanced daily moisturizing with a hint of self-tanner that continues to build and maintain your perfect spray tan.

